

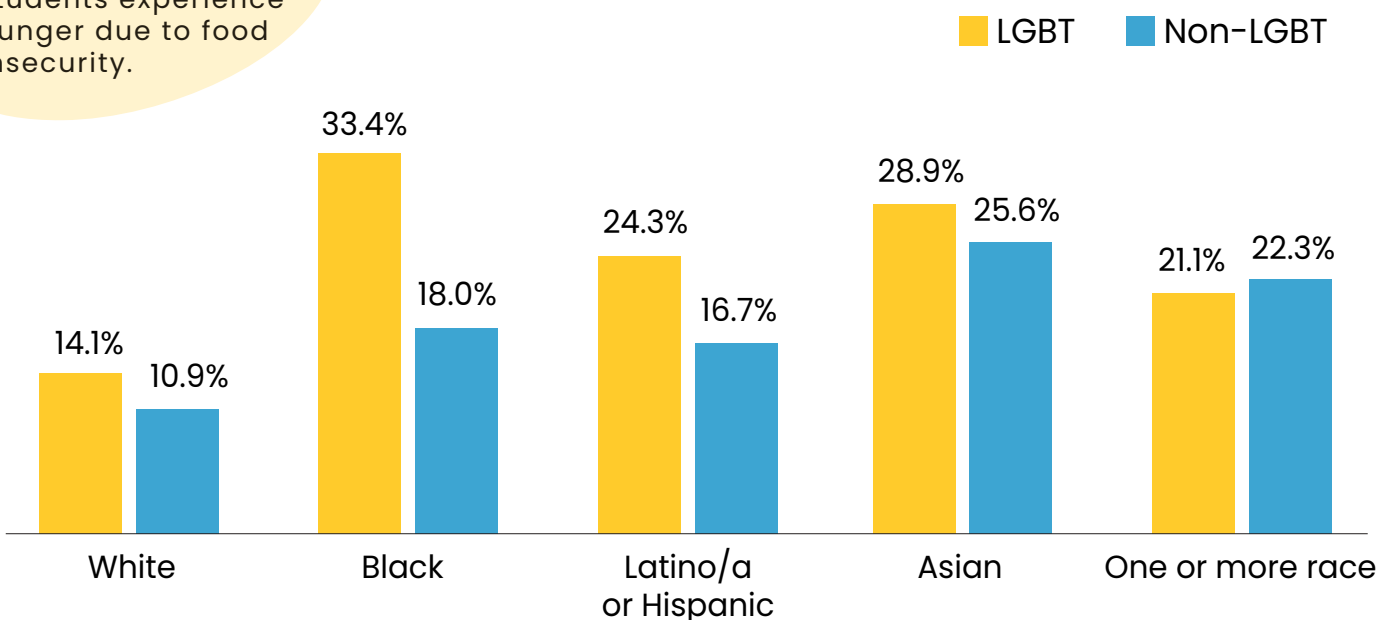
Hunger Among LGBTQ+ High School Students and Young Adults

High School Students

371K

LGBT high school students experience hunger due to food insecurity.

One in five LGBT high school students experience hunger due to food insecurity. Hunger differs by race.



School meals are a reliable food source for millions of U.S. students, but many LGBTQ+ youth miss school because they feel unsafe or uncomfortable.

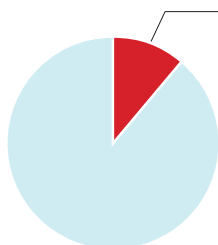


1 in 3

LGBT high school youth was bullied at school in the past year.

32%

of LGBTQ+ youth missed a day of school in the past month because they felt unsafe or uncomfortable.



11%

missed four or more days of school in the past month.

22%

of LGBTQ+ youth say they avoid the cafeteria because they feel unsafe.

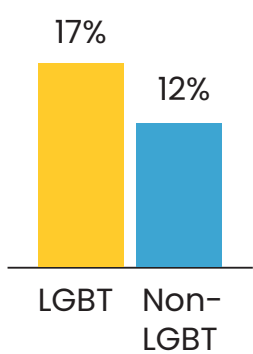


Young Adults

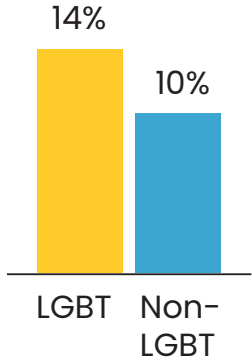
An estimated **703K** LGBT people aged 18-24 do not have enough to eat.



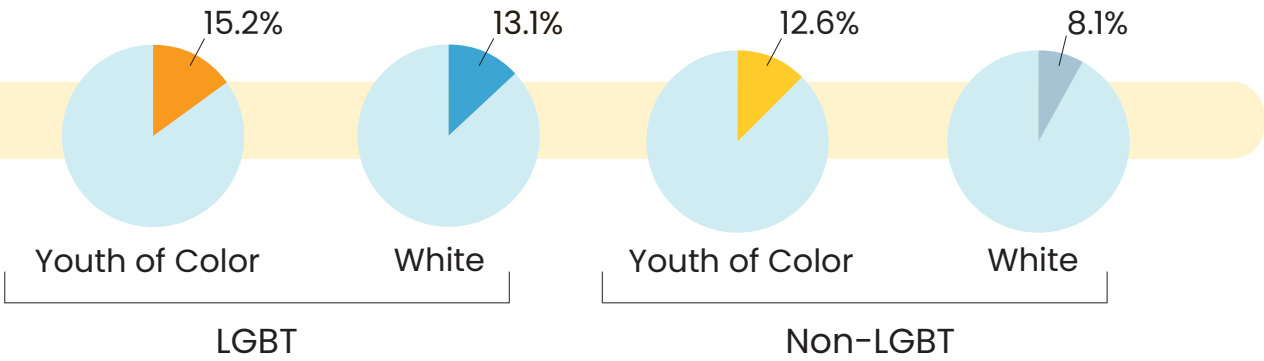
More LGBT young adults had difficulty paying for household expenses last week, such as food, rent, car payments, and student loans.



More LGBT young adults experienced food insufficiency last week.



More LGBT young adults of color experience food insufficiency than their White, non-Hispanic peers.



Only **23%** of income-eligible LGBT adult households are enrolled in SNAP.

Note: Data are labeled LGBT or LGBTQ+ to accurately reflect who was included in the cited research.

Sources:

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Kosciw, J.G., Clark, C. M., & Menard, L. (2022). The 2021 National School Climate Survey: The Experiences of LGBTQ+ Youth in Our Nation's Schools.