LGBT RESOURCE LIST

FACT SHEET / APRIL 2021

ALCOHOL AND DRUG ABUSE

Al-Anon Family Group

- 1-888-4AL-ANON (1-888-425-2666)
- http://www.al-anon.org
- wso@al-anon.org

Alcohol/Drug Abuse Referral Hotline

- 1-800-780-2294
- http://www.freerehabcenters.org

Substance Abuse and Mental Health Services Administration

- 1-800-662-HELP (1-800-662-4357)
- https://www.samhsa.gov/find-help/national-helpline

TOBACCO

National Cancer Institute

- 1-877-44U-QUIT (1-877-448-7848)
- http://smokefree.gov/talk-to-an-expert
SEXUAL ASSAULT

National Sexual Assault Hotline

- If in an unsafe situation, text LOVEIS to 1-866-331-9474.
- 1-800-656-HOPE (1-800-656-4673)
- https://www.rainn.org

DOMESTIC VIOLENCE

National Domestic Violence Hotline

- 1-800-799-7233
- TTY: 1-800-787-3224
- http://www.thehotline.org

ANTI-VIOLENCE: LGBTQ-SPECIFIC RESOURCES

National Coalition of Anti-Violence Programs

- 1-212-714-1141
- https://avp.org/get-help/call-our-hotline

FORGE

- National transgender anti-violence organization
- 1-414-559-2123
- https://forge-forward.org/about/contact-us

MEDICAL SERVICES

GLMA Find a Provider

- https://glmaimpak.networkats.com/members_online_new/members/dir_provider.asp

Planned Parenthood

- https://www.plannedparenthood.org

RAD Remedy Find a Provider

- https://www.radremedy.org/find-provider

WPATH Find a Provider

- https://www.wpath.org/provider/search
MENTAL HEALTH

APA Psychologist Locator
• https://locator.apa.org

Psychology Today Therapist Finder
• https://therapists.psychologytoday.com/rms

SUICIDE PREVENTION

National Suicide Prevention Lifeline
• 1-800-273-TALK (1-800-273-8255)
• Spanish: 1-888-628-9454
• http://www.suicidepreventionlifeline.org

Veterans Crisis Line
• 1-800-273-8255 and Press 1
• Text: 838255
• https://www.veteranscrisisline.net/get-help/chat

HIV/AIDS

National HIV and STD Testing Resources
• 1-800-CDC-INFO (1-800-232-4636)
• TTY: 1-888-232-6348
• http://www.cdc.gov/hiv/testing

BASIC NEEDS – HEALTHCARE, FOOD, HOUSING, BENEFITS

Benefits.gov
• Find benefits you may be eligible to receive and be directed to the agency to apply
• https://www.benefits.gov/benefit-finder

Health Care
• Enroll in or change healthcare plans, or see if you qualify for Medicaid or the Children’s Health Insurance Program (CHIP)
• https://www.healthcare.gov
Supplemental Nutrition Assistance Program (SNAP)

- https://www.fns.usda.gov/snap/recipient/eligibility

Tenant Protections related to COVID-19


**LGBTQ GENERAL SUPPORT**

**LGBT National Hotline**

- 1-888-843-4564
- https://www.glbthotline.org/hotline.html

**Trans Lifeline**

- 1-877-565-8860
- https://www.translifeline.org

**CenterLink**

- Directory of LGBT community centers nationwide
- https://www.lgbtcenters.org/LgbtCenters

**LGBTQ LEGAL SERVICES AND INFORMATION**

**American Civil Liberties Union (ACLU)**

- https://www.aclu.org/about/affiliates

**GLBTQ Legal Advocates & Defenders (GLAD)**

- https://www.glad.org/know-your-rights/glad-answers

**Lambda Legal**

- http://www.lambdalegal.org/helpdesk

**National Center for Lesbian Rights (NCLR)**

- https://www.nclrights.org/contact-us

**State Equal Employment Agencies**

Transgender Law Center
  • http://transgenderlawcenter.org/resources

Transgender Legal Defense and Education Fund (TLDEF)
  • http://tldef.org/contact-us

U.S. Equal Employment Opportunity Commission (EEOC)
  • https://www.eeoc.gov/eeoc/newsroom/wysk/enforcement_protections_lgbt_workers.cfm

NATIONAL RESOURCES FOR PARENTS OF LGBTQ YOUTH

Trevor Project
  • 24/7 Suicide Hotline for LGBTQ youth
  • 1-866-488-7386
  • https://www.thetrevorproject.org/get-help-now

Family Acceptance Project
  • https://familyproject.sfsu.edu

PFLAG
  • https://pflag.org/find-a-chapter

Gender Spectrum
  • Varied resources, particularly related to a non-binary/gender expansive identity
  • https://www.genderspectrum.org

Human Rights Campaign
  • https://www.hrc.org/resources/supporting-your-young-gender-non-conforming-child

GLSEN (Gay, Lesbian, Straight Educators Network)
  • Varied resources to create safe K-12 schools, including Gay-Straight-Alliances
  • https://www.glsen.org